

Etape / Kortnavn	Etape 5 / Frederikshåb Øst
Ækvivalens	2,5 m
Kortnorm	ISOM 2017

<b>Bane</b>	<b>Længde</b>	<b>Poster</b>	<b>Start</b>	<b>Klasse</b>
Course 01	6270 m	25 Poster	S1	M21
Course 02	5170 m	22 Poster	S1	M20, M35
Course 03	5120 m	22 Poster	S1	M18, M40, M45
Course 04	4770 m	20 Poster	S1	M21AM, W21
Course 05	4680 m	19 Poster	S1	M50
Course 06	4280 m	17 Poster	S1	M55
Course 07	4120 m	17 Poster	S1	M20AS, W20, W35
Course 08	3650 m	18 Poster	S1	M21AS
Course 09	3940 m	17 Poster	S1	M16, M60
Course 10	3900 m	16 Poster	S1	W18, W21AM, W40, W45
Course 11	3550 m	15 Poster	S1	M65, W21AS
Course 12	3850 m	16 Poster	S1	M16AS, M45AS, W16, W20AS
Course 13	3240 m	15 Poster	S1	W16AS, W50, W55
Course 14	2470 m	10 Poster	S1	W55AS
Course 15	2870 m	12 Poster	S1	M55AS, W60
Course 16	2420 m	11 Poster	S1	W45AS, W65
Course 17	3190 m	14 Poster	S2	M70
Course 18	2650 m	12 Poster	S2	M75
Course 19	2270 m	10 Poster	S2	M80, M85, W70, W75
Course 20	2270 m	10 Poster	S2	W/M90, W80, W85
Course 21	4150 m	17 Poster	S2	M20B, M21B, M35B, M45B
Course 22	3570 m	14 Poster	S2	W20B, W21B, W35B, W45B
Course 23	3360 m	14 Poster	S2	M14, M16B
Course 24	2780 m	13 Poster	S2	W14, W16B
Course 25	3440 m	15 Poster	S2	M-Easy, M12, M14B, M20C, M21C, W-Easy, W12, W14B, W20C, W21C
Course 26	2240 m	10 Poster	S2	M-Beg, M10, M12B, W-Beg, W10, W12B
Open 1	5720 m	23 Poster	S2	Open 1
Open 2	4600 m	20 Poster	S2	Open 2
Open 3	3790 m	16 Poster	S2	Open 3

Open 4	2650 m	13 Poster	S2	Open 4
Open 5	2910 m	12 Poster	S2	Open 5
Open 6	2720 m	12 Poster	S2	Open 6
Open 7	2240 m	10 Poster	S2	Open 7